

THE DEER CALL



A Family Reflection Guide



Exploring Courage, Fear,
and Finding Your Voice



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A Gentle Discussion with Your Child

The Question of Silence:

When the fawn was hiding in the grass, he was very quiet.

Have you ever felt like you needed to be very still and quiet?

How did your heart feel?

The Question of the Voice:

The Crow told the fawn he had to find his voice.

What does a brave voice feel like?

Can bravery be loud?

Can it also be very quiet?

The Question of Safety:

Mama Deer protected the fawn with courage and love.

Who helps you feel safe when you are afraid?



A Note for Parents

We often react from instinct:

fear, urgency, stress, the wish to fix everything quickly.

This story invites us to pause.

When a child feels frozen by fear or overwhelmed by emotion, they may not need an immediate solution.

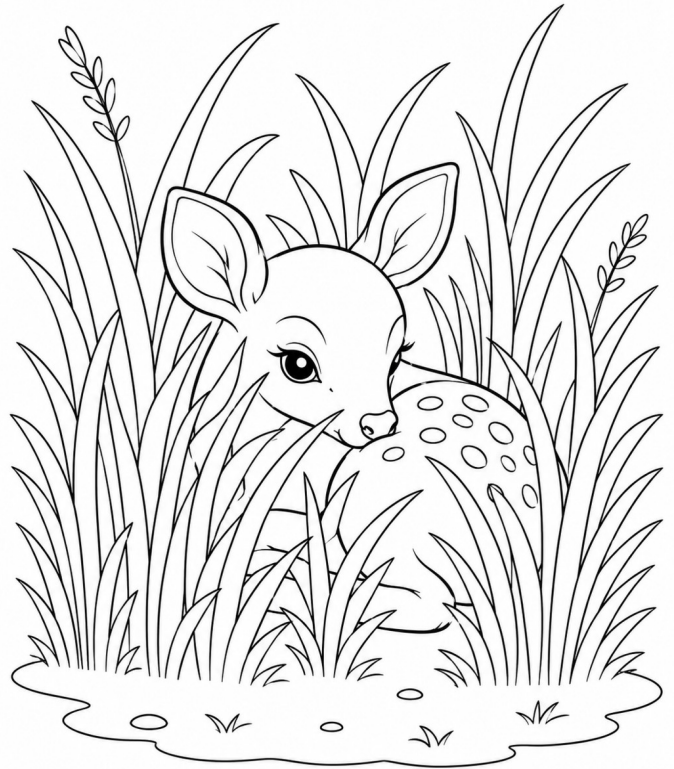
They may first need calm presence.

Pause. *Name the feeling gently.*

Then remind your child of a strength they already carry.

Courage does not always begin as a roar.

Sometimes it begins as a small voice.



Color and Reflect:

*Color the fawn hiding quietly in the grass.
Then color the stag standing tall.*

As you color, wonder:

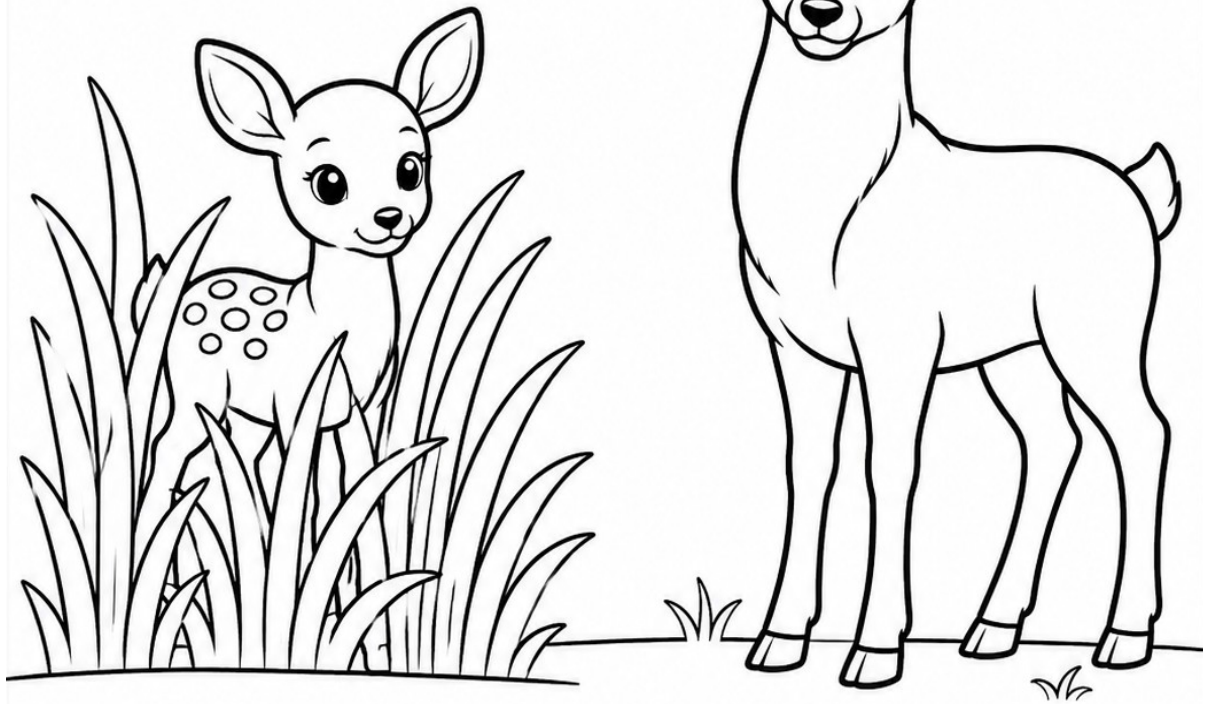
What changed inside the deer?

Was courage loud?

Or did it begin quietly?

You can say:

"Sometimes courage grows slowly."



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Once upon
a time,
curiosity
helped little
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