

FABLES LIBRARY CALM LEARNING PACK

Volume 1



**Calm printable companions for children
and the adults who learn beside them.**

STORY 3:



Gentle Care



A gentle story about daily care and love



Fables Library

I Wonder

What is the little one learning to do?

How can brushing, washing, or combing feel gentle?

Who helps you when something is hard to do alone?

How can care show love?



Try It Together

Pretend to brush slowly.

Use soft hands.

Try saying: “Care can be gentle.”



For Parents

Daily routines can become small moments of connection.

Brushing teeth, combing hair, washing hands, and getting dressed may seem ordinary to adults.

For a child, these moments can teach trust, patience, and body awareness.

Move slowly. Let care feel kind.



Coloring



Look again.

Where do you see gentle care?

